

May 2022



Diversity and Multicultural Calendar

Date	Celebration	Culture/Faith	Information
All Month	Asian Heritage Month	Asian	Month to recognize the important contributions Asian Canadians have made in Canada. It also acknowledges their resilience and perseverance in continuing to overcome adversity throughout Canada's history.
All Month	Canadian Jewish Heritage Month	Jewish	Month to celebrate the richness of Jewish culture, heritage, and history in Canada.
All Month	Mental Health Month	International	A month dedicated to highlighting the struggles and achievements in relation to mental health, as well as talking about its stigmas in society.
May 3 (until 5)	Eid-al-Fitr	Islamic	Eid al-Fitr is the earlier of the two official holidays celebrated within Islam. The religious holiday is celebrated by Muslims worldwide because it marks the end of the month-long dawn-to-sunset fasting of Ramadan.
May 5	Dutch Heritage Day	Dutch	Day to recognition of the sacrifices made by Canadians in the liberation of the Netherlands, as well as the contributions made to Canada by those of Dutch heritage.
May 5	Kodomo no hi: Children's Day Celebration	Japanese	On this date, children are respected and honored for their individual strengths and happiness is desired.
May 6	Wesak/Vesak	Buddhist	Vesak is a holiday traditionally observed by Buddhists in South Asia and Southeast Asia as well as Tibet and Mongolia. The festival commemorates the birth, enlightenment (Nibbāna), and death (Parinirvāna) of Gautama Buddha in Theravada, Tibetan Buddhism and Navayana.
May 12	Moose Hide Campaign Day	Indigenous	A campaign led by indigenous people - men, boys and all Canadians - with the aim of ending violence against women and children.
May 15	International Day of Families	International	The day was recognized by the United Nations to raise awareness of issues related to families and to increase knowledge of the social, economic and demographic processes that affect families.
May 17	International Day Against Homophobia, Transphobia, and Biphobia (IDAHOTB)	International	Day to recognize the courage and resilience of LGBTQ2 activists of the past and present who have fought for equity and against discrimination based on sexual orientation, gender identity, and gender expression.
May 21	World Day for Cultural Diversity for Dialogue and Development	International	Day to celebrate different cultures, as well as to highlight the fundamental role of intercultural dialogue for peace, and sustainable development.